

MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU of November 2018

เมนูขอมเดือน พฤศจิกายน 2561

DATE	BREAKFAST (7.00 a.m.)	BREAKFAST (7.00 a.m.)	SNACK	MORNING BREAK	MENU 1	MENU 2	MENU 3	MENU 4	MENU 5	MENU 6	Afternoon Break
1/11/2018	Grilled Ham and Cheese Sandwich	Rice Porridge with Pork	Hash Browns	Spaghetti Sauce with Chicken	Ham and Cheese Sandwich+ Corn Soup	Stir - Fried Pork with Tom yum sauce	Stir - Fried Bamboo Shoots with Egg	Fried Fish with Sweet and Sour Sauce	Salad	Fruit	Cheese Balls
2/11/2018	Toast + Sausage + Fried Egg	Congee with Chicken + Soft-Boiled Egg	Gyoza	Fried Pork on Rice	Spaghetti Sauce with Pork	Stir Fried Chicken with Ginger	Stir - Fried Mixed Vegetable	Grilled Chicken with Herbs	Salad	Fruit	Bread Pizza
3/11/2018											
4/11/2018											
5/11/2018	Chicken Ham Croissant + Fried Egg	Rice Porridge with Pork	Steamed Sausage + Vegetable	Fried Chicken and Sticky Rice	Stir-Fried Macaroni with Ham and Sausage	Noodles in Thick Gravy with Pork	Stir-Fried Cauliflower in Oyster Sauce	Massa Man Curry with Chicken	Salad	Fruit	Fried Wontons
6/11/2018	Toast + Sausage + Fried Egg	Congee with Chicken + Soft-Boiled Egg	Gyoza	Grilled Saba with Soy Sauce on Rice	Roasted Sliced Pork + Roasted Potato	Pad Thai with Shrimp	Stir-Fried Kale + Shitake	Spicy Minced Pork Salad	Salad	Fruit	BBQ Chicken Skewers
7/11/2018	Grilled Ham and Cheese Sandwich	Fried Rice with Pork and Fried Egg	Steamed Dumplings + Vegetable	Fried Rice with Egg and Sausage	Chicken Burger + French Fries	Noodle Soup with Stewed Pork	Stir - Fried Snow Peas + Baby Corn	Green Curry With Fish	Salad	Fruit	Rice
8/11/2018	Croissant + Sausage + Fried Egg	Congee with Pork + Soft-Boiled Egg	Steamed Cream Bun / Minced Pork Bun	Yakisoba	Tuna Sandwich+ Carrot Soup	Noodle Soup with Minced Pork and Meatballs	Stir-Fried Bamboo Shoot with Egg	Panang Curry with Chicken	Salad	Fruit	Steamed Meatballs
9/11/2018	Toast + Sausage + Soft-Boiled Egg	Fried Chicken and Sticky Rice + Green Chili Dip	Steamed Meatballs + Vegetable	Thai Sausage Fried Rice+ Fried Egg	Penne Pasta with Chicken	Herbs Roasted Pork	Roasted Mixed Vegetables	Egg and Pork in sweet Brown Sauce	Salad	Fruit	Bread Pizza
10/11/2018											
11/11/2018											
12/11/2018	Chicken Ham Croissant + Fried Egg	Rice Porridge with Pork	Steamed Sausage + Vegetable	Fried Rice with Egg + Chicken Nuggets	Fried Fish with Spaghetti In Pesto Sauce	Chicken in Coconut Soup (Tom Kha Gal)	Stir-Fried Broccoli	Sliced Grilled Pork Salad	Salad	Fruit	Fried Wontons
13/11/2018	Toast + Sausage + Fried Egg	Congee with Chicken + Soft-Boiled Egg	Gyoza	Fried Noodle with Pork	Roasted Pork with BBQ Sauce	Chicken Khao Soi	Stir-Fried Cabbage with Egg and Glass Noodle	Steamed Fish with Soy Sauce	Salad	Fruit	French Fries
14/11/2018	Grilled Ham and Cheese Sandwich	Rice Porridge	Cheese Balls	Fried Pork and Sticky Rice	Chicken Lasagna	Spicy Tom Yam Pork Noodle Soup	Stir-Fried Kale + Shitake	Red Curry Chicken with Bamboo Shoot	Salad	Fruit	Rice
15/11/2018	Croissant + Sausage + Fried Egg	Congee with Pork + Soft-Boiled Egg	Steamed Cream Bun / Minced Pork Bun	Stir-Fried Chicken and Basil + Fried Egg	Chicken Steak + Mashed Potato	Noodle Soup with Stewed Pork	Stir-Fried Bean Sprout with Tofu	Stir-Fried Chicken with Cashew Nuts	Salad	Fruit	Steamed Meatballs
16/11/2018	Toast + Sausage + Soft-Boiled Egg	Grilled Pork and Sticky Rice + Red Chili Dip	Deep Fried Spring Rolls	Panang Curry with Chicken + Boiled Egg	Pork Stew	Grilled Chicken and Sticky Rice	Papaya Salad	Spicy Mushroom and Tofu salad	Salad	Fruit	Bread Pizza
17/11/2018											
18/11/2018											
19/11/2018	Chicken Ham Croissant + Fried Egg	Rice Porridge with Pork	Steamed Sausage + Vegetable	Fried Chicken Wings + Sticky Rice	Fish Fillet + Mashed Potatoes	Yentafo Noodle with Pork	Stir-Fried Bok Choy in Oyster Sauce	Thai Pork Salad With Lemongrass	Salad	Fruit	Fried Wontons
20/11/2018	Toast + Sausage + Fried Egg	Congee with Chicken + Soft-Boiled Egg	Gyoza	Chicken Teriyaki on Rice	Ham and Cheese Sandwich+ Pumpkin Soup	Khao Moo Daeng (Thai Red Pork on Rice)	Stir-Fried Sweet Gourd with Egg	Red Curry with Pork	Salad	Fruit	Deep Fried Spring Rolls
21/11/2018	Grilled Ham and Cheese Sandwich	Fried Rice with Egg and Sausage	Steamed Dumplings + Vegetable	Pad Thai with Chicken	Baked Spinach with Cheese	Sukiyaki Soup / Tofu / Pork	Stir-Fried Broccoli + Mixed Mushroom	Steamed Chicken on Rice	Salad	Fruit	Rice
22/11/2018	Croissant + Sausage + Fried Egg	Congee with Pork + Soft-Boiled Egg	Steamed Cream Bun / Minced Pork Bun	Pork Tom Yum Fried Rice + Boiled Egg	Spaghetti Sauce with Chicken	Steamed Egg with Pork	Fried Cabbage with Fish Sauce	Spicy Minced Pork Salad	Salad	Fruit	Steamed Meatballs
23/11/2018	Toast + Sausage + Soft-Boiled Egg	Fried Chicken and Sticky Rice + Green Chili Dip	Steamed Meatballs + Vegetable	Stir-Fried Noodles	Pork Burger + French Fries	Egg Noodle Soup with Red Roasted Pork + Minced Pork	Stir-Fried basil with Bamboo Shoots	Chicken Teriyaki	Salad	Fruit	Bread Pizza
24/11/2018											
25/11/2018											
26/11/2018	Chicken Ham Croissant + Fried Egg	Rice Porridge with Pork	Steamed Sausage + Vegetable	Ham and Sausage Fried Rice+ Fried Egg	Oven-Roasted Pork and Vegetables	Stewed Pork Khao Soi	Stir - Fried Glass Noodles with Salted Egg	Stir-Fried Chicken and Basil	Salad	Fruit	Fried Wontons
27/11/2018	Toast + Sausage + Fried Egg	Congee with Chicken + Soft-Boiled Egg	Hash Browns	Fried Chicken and Sticky Rice	Chicken Steak + Baked Potato	Fried Noodle with Egg	Stir - Fried Snow Peas + Baby Corn + Mushroom	Spicy Minced Chicken Salad	Salad	Fruit	Chicken Nuggets
28/11/2018	Grilled Ham and Cheese Sandwich	Rice Porridge	Gyoza	Salmon Rice	Fettuccine Carbonara	Green Curry With Chicken + Boiled Egg	Stir - Fried Celery with Mixed Mushroom	Grilled Pork with Korean Sauce	Salad	Fruit	Rice
29/11/2018	Croissant + Sausage + Fried Egg	Congee with Pork + Soft-Boiled Egg	Steamed Cream Bun / Minced Pork Bun	Fried Noodle with Chicken	Hawaiian Pizza	Pad Thai with Egg (Shrimp)	Stir - Fried Angled Gourd with Egg	Spicy Chicken Salad	Salad	Fruit	Steamed Meatballs
30/11/2018	Toast + Sausage + Soft-Boiled Egg	Grilled Pork and Sticky Rice + Red Chili Dip	Steamed Meatballs + Vegetable	Fried Rice with Green Curry and Chicken	Cheese Sandwich + Creamy Chicken Soup	Noodle Soup with Stewed Chicken	Stir - Fried Mixed Vegetable	Stir - Fried Red Curry with Pork	Salad	Fruit	Bread Pizza