

ELEMENTARY SCHOOL LUNCH MENU of OCTOBER 2019

Date	MENU 1	MENU 2	MENU 3	MENU 4
10/1/2019	Noodle Soup with Minced Chicken	Fried Boiled Egg with Tamarind Sauce	Salad	Fruit
10/2/2019	Ham and Cheese Sandwich+ Pumpkin soup	Khao Moo Daeng (Thai Red Pork on Rice)	Salad	Fruit
10/3/2019	Spaghetti Sauce with Pork	Salmon Fried Rice + Soup	Salad	Fruit
10/4/2019	Pork Burger + French Fries	Steamed Egg with Carrot, Spring onion + Clear Soup with Cabbage and Minced Pork	Salad	Fruit
10/5/2019				
10/6/2019				
10/7/2019	Pork Osso Bucco+ Mashed Potatoes	Fried Pork with Garlic	Salad	Fruit
10/8/2019	Pork Steak + Baked Potato	Noodle Soup with Minced Chicken and Meatballs	Salad	Fruit
10/9/2019	Ham and Cheese Sandwich + Corn Soup	Steamed Chicken on Rice	Salad	Fruit
10/10/2019	Macaroni and Cheese with Sausage	Fried Rice with Shrimps + Clear Soup with Cabbage and Egg Tofu	Salad	Fruit
10/11/2019	Spaghetti with Bacon and Sausage	Chicken Teriyaki	Salad	Fruit
10/12/2019				
10/13/2019				
10/14/2019	King Bhumibol Memorial Day (substitution day)			
10/15/2019	Spaghetti Sauce with Chicken	Khao Moo Daeng (Thai Red Pork on Rice)	Salad	Fruit
10/16/2019	Fettuccine Carbonara	Grilled Pork with Korean Sauce	Salad	Fruit
10/17/2019	Hawaiian Pizza	Spicy Chicken Salad	Salad	Fruit
10/18/2019	Chicken Steak + Baked Potato	Stir-Fried Mushroom with Pork	Salad	Fruit
10/19/2019				
10/20/2019				
10/21/2019	OCTOBER BREAK			
10/22/2019				
10/23/2019				
10/24/2019				
10/25/2019				
10/26/2019				
10/27/2019				
10/28/2019	Pork Stuffed + Baked Potato	Stir-Fried Chicken with Cashew Nuts	Salad	Fruit
10/29/2019	Fried Fish with Spaghetti in Pesto Sauce	Sliced Grilled Pork Salad	Salad	Fruit
10/30/2019	Penne Pasta with Chicken	Herbs Roasted Pork	Salad	Fruit
10/31/2019	Stir-Fired Macaroni with Ham and Sausage	Stir-Fried Chicken with Curry Powder	Salad	Fruit