

ELEMENTARY SCHOOL LUNCH MENU of OCTOBER 2020

Date	MENU 1	MENU 2	MENU 3	MENU 4
10/1/2020	Fried Rice with Shrimps	Tuna Sandwich + Corn Soup	Salad	Fruit
10/2/2020	Omelette + Clear Soup	Chicken Cheese Quesadilla	Salad	Fruit
10/3/2020				
10/4/2020				
10/5/2020	Steamed Chicken on Rice	Noodle with Minced Pork + Soup	Salad	Fruit
10/6/2020	Fried fish + Clear Soup	Yen Ta Fo "Pink Noodle Soup"	Salad	Fruit
10/7/2020	Egg and Pork in sweet Brown Sauce on Rice	Stir-Fried Macaroni with Sausage	Salad	Fruit
10/8/2020	Fried Chicken and Sticky Rice	Fish Burger	Salad	Fruit
10/9/2020	Pizza	Noodle Soup with Minced Pork	Salad	Fruit
10/10/2020				
10/11/2020				
10/12/2020	Grilled Pork + Soup	Spaghetti Carbonara (Chicken)	Salad	Fruit
10/13/2020	No Classes: H.M. King Bhumibol Adulyadej Memorial Day			
10/14/2020	Fried Chicken on Rice	Noodle Soup with Red Roasted Pork	Salad	Fruit
10/15/2020	Stewed Pork Leg on Rice	Ham and Cheese Sandwich+ Pumpkin soup	Salad	Fruit
10/16/2020	Stir-Fried Rice with Egg and Sausage	Chicken Lasagna	Salad	Fruit
10/17/2020	No Classes: October Break			
10/18/2020				
10/19/2020				
10/20/2020				
10/21/2020				
10/22/2020				
10/23/2020				
10/24/2020				
10/25/2020				
10/26/2020				
10/27/2020	Fried Rice with Chinese Sausage+ Soup	Chicken Steak + Baked Potato	Salad	Fruit
10/28/2020	Stir-Fried Macaroni with Sausage	Chicken Noodle Soup with Wontons	Salad	Fruit
10/29/2020	Pad Thai with Shrimp	Tuna Sandwich + Corn Soup	Salad	Fruit
10/30/2020	Fried Pork and Sticky Rice	Pork Stuffed with Spinach + Baked Potato	Salad	Fruit
10/31/2020				