

NIS 2020: EARLY CHILDHOOD CENTER – DECEMBER MENU

WEEK	DATE	BREAKFAST AT 8:00 AM	MORNING BREAK: SNACK AT 9:45 AM	LUNCH AT 11:30 AM	AFTERNOON BREAK: SNACK AT 2:15 PM
1	30	<ul style="list-style-type: none"> ○ Cereal ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Hainanese Chicken Rice + Soup</i>	Cheese Cracker + Milk
	1	<ul style="list-style-type: none"> ○ Fish Porridge ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Stew pork + Rice</i>	Grapes + Milk
	2	<ul style="list-style-type: none"> ○ Toasted Cheese ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Fried Rice with Salmon + Soup</i>	Hash Brown + Milk
	3	<ul style="list-style-type: none"> ○ Dim Sum ○ Scrambled Eggs ○ Cucumber 	Fruit + Milk	<i>Spaghetti Carbonara [Chicken]</i>	Crispy Waffle & Milk
	4	<ul style="list-style-type: none"> ○ Waffle + Sausage ○ Scrambled Eggs ○ Cucumber/ Carrot 	Fruit + Milk	<i>Roast Chicken Sticky Rice</i>	Yoghurt + Cereal + Milk
2	7	School Closed	-	-	-
	8	<ul style="list-style-type: none"> ○ Chicken Wonton Soup ○ Scrambled Eggs ○ Bog Choy 	Fruit + Milk	<i>Chinese roll noodle soup [Pork]</i>	Wholegrain Biscuit + Milk
	9	<ul style="list-style-type: none"> ○ Pork Porridge ○ Scrambled Eggs ○ Cucumber 	Fruit + Milk	<i>Pizza</i>	Jelly Duck + Milk
	10	<ul style="list-style-type: none"> ○ Taro Bun ○ Scrambled Eggs ○ Cucumber 	Fruit + Milk	<i>Pork Omelet + Rice + Soup</i>	Yoghurt + Cereal + Milk
	11	<ul style="list-style-type: none"> ○ Cream Dumplings ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Fried Fish + French Fries</i>	Wafer Flower + Milk

Note:

Breakfast includes milk and boiled egg. Lunch includes a plate of fresh vegetables and fruits for the children to share.

If your child cannot eat a food scheduled for a certain day, please inform us 1 day in advance and we will make other arrangements. You are always welcome to send your child with her/his own lunch if you wish.

NIS 2020: EARLY CHILDHOOD CENTER – DECEMBER MENU

WEEK	DATE	BREAKFAST AT 8:00 AM	MORNING BREAK: SNACK AT 9:45 AM	LUNCH AT 11:30 AM	AFTERNOON BREAK: SNACK AT 2:15 PM
3	14	<ul style="list-style-type: none"> ○ Cereal ○ Scrambled Eggs ○ Banana/ Raisin 	Fruit + Milk	<i>Sweet Pork Rice + Soup</i>	Purple Sweet Potato Puff Milk
	15	<ul style="list-style-type: none"> ○ Chicken Porridge ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Quesadilla with Chicken and Cheese</i>	Banana Muffin + Milk
	16	<ul style="list-style-type: none"> ○ Cheese Croissant ○ Scrambled Eggs ○ Steamed Corn 	Fruit + Milk	<i>Stew pork Noodles Soup</i>	Yoghurt & Cereal + Milk
	17	<ul style="list-style-type: none"> ○ Pancake ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Stir-Fried Macaroni with Chicken</i>	-
	18	Winter Break	-	-	-

Merry Christmas & Happy New Year 2021

Note:

Breakfast includes milk and boiled egg. Lunch includes a plate of fresh vegetables and fruits for the children to share.

If your child cannot eat a food scheduled for a certain day, please inform us 1 day in advance and we will make other arrangements. You are always welcome to send your child with her/his own lunch if you wish.