

NIS 2021-22 : EARLY CHILDHOOD CENTER – MAY MENU

WEEK	DATE	BREAKFAST AT 7:55 AM	MORNING BREAK: SNACK AT 9:45 AM	LUNCH AT 11:30 AM	AFTERNOON BREAK: SNACK AT 2:30 PM
1	2	<ul style="list-style-type: none"> ○ Pork Dumplings ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Five Spice Eggs + Rice Stir fried Vegetable</i>	Banana Muffin + Milk
	3	<ul style="list-style-type: none"> ○ Pancake ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Yellow Noodles [Soup] with chicken wanton</i>	Steamed sweet potato Milk
	4	Holiday	-	<i>Coronation Day</i>	-
	5	<ul style="list-style-type: none"> ○ Cereal ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Hainanese Chicken Rice + Soup</i>	Yoghurt +Cereal+ Milk
	6	<ul style="list-style-type: none"> ○ Egg sandwich ○ Scrambled Eggs ○ Tomato 	Fruit + Milk	<i>Roast Pork Sticky Rice</i>	Cheese Ball + Milk
2	9	<ul style="list-style-type: none"> ○ Cereal ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Steamed egg with pork and veggies Rice + Soup</i>	Dried shredded pork Bun Milk
	10	<ul style="list-style-type: none"> ○ Dim Sum ○ Scrambled Eggs ○ Cucumber 	Fruit + Milk	<i>Stir fried big flat noodles with mince chicken & corn</i>	Corn + Milk
	11	<ul style="list-style-type: none"> ○ Ham+Cheese croissant ○ Scrambled Eggs ○ Tomato 	Fruit + Milk	<i>Red Pork, Boiled Egg + Rice + Soup</i>	Yoghurt +Cereal+ Milk
	12	<ul style="list-style-type: none"> ○ Fish Porridge ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Ramen with roast chicken</i>	Cheese Cracker + Milk
	13	<ul style="list-style-type: none"> ○ Waffle + Sausage ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Pizza</i>	Ice cream + Milk

Note:

Breakfast includes milk and boiled egg. Lunch includes a plate of fresh vegetables and fruits for the children to share.

If your child cannot eat a food scheduled for a certain day, please inform us 1 day in advance and we will make other arrangements. You are always welcome to send your child with her/his own lunch if you wish.

NIS 2021-22 : EARLY CHILDHOOD CENTER – MAY MENU

WEEK	DATE	BREAKFAST AT 7:55 AM	MORNING BREAK: SNACK AT 9:45 AM	LUNCH AT 11:30 AM	AFTERNOON BREAK: SNACK AT 2:30 PM
3	16	<ul style="list-style-type: none"> ○ Cereal ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Chicken Stew + Rice</i>	Cup Cake + Milk
	17	<ul style="list-style-type: none"> ○ Pork Porridge ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Spaghetti Carbonara [Ham]</i>	Marmalade Rolled cake Milk
	18	<ul style="list-style-type: none"> ○ Pancake ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Fried Fish + Rice + Cabbage Soup</i>	Sausage Pizza + Milk
	19	<ul style="list-style-type: none"> ○ Pork Dumplings ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Quesadilla with chicken and chesse</i>	Yoghurt +Cereal+ Milk
	20	<ul style="list-style-type: none"> ○ Crab stick sandwich ○ Scrambled Eggs ○ Tomato 	Fruit + Milk	<i>Roast Chicken Sticky Rice</i>	Yakult + Biscuit
4	23	<ul style="list-style-type: none"> ○ Cereal ○ Scrambled Eggs ○ Banana/Raisin 	Fruit + Milk	<i>Cheese Macaron</i>	Cracker + Milk
	24	<ul style="list-style-type: none"> ○ Chicken Porridge ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Pork Omelet + Rice + Soup</i>	Crispy waffle + Milk
	25	<ul style="list-style-type: none"> ○ Banana Samosa ○ Scrambled Eggs ○ Cucumber 	Fruit + Milk	<i>Yellow Noodles [Soup] with red pork & boiled eggs</i>	Cream Dumplings + Milk
	26	<ul style="list-style-type: none"> ○ Crab stick steamed Egg ○ Scrambled Eggs ○ Cucumber 	Fruit + Milk	<i>Stir Fried Spaghetti with Ham</i>	Hash Brown + Milk
	27	<ul style="list-style-type: none"> ○ Waffle + Sausage ○ Scrambled Eggs ○ Carrot 	Fruit + Milk	<i>Grilled Chicken Sticky Rice</i>	Yoghurt +Cereal+ Milk

Note:

Breakfast includes milk and boiled egg. Lunch includes a plate of fresh vegetables and fruits for the children to share.

If your child cannot eat a food scheduled for a certain day, please inform us 1 day in advance and we will make other arrangements. You are always welcome to send your child with her/his own lunch if you wish.

NIS 2021-22 : EARLY CHILDHOOD CENTER – MAY MENU