



ELEMENTARY SCHOOL

Lunch Menu: August 2022

DATE	MENU I	MENU II	SALAD & FRUITS
9-Aug-22	Fish and Chips	Flat Rice Noodles	Salad & Fruit
10-Aug-22	Khao Moo Daeng (Thai Red Pork on Rice) & Soup	Mac and Cheese	Salad & Fruit
11-Aug-22	Ham and Cheese Sandwich & Corn Soup	Noodles with Minced Pork & Boiled Egg	Salad & Fruit
12-Aug-22	Mother's day	-	-
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15-Aug-22	Tonkatsu (Deep Fried Breaded Pork) on Rice	Thai Boat Noodles Soup with Pork	Salad & Fruit
16-Aug-22	Chicken Potato Soup & Rice	Chicken Carbonara	Salad & Fruit
17-Aug-22	Scrambled Eggs with Tomato on Rice	Deep Fried Fish Fillet with Pesto Pasta	Salad & Fruit
18-Aug-22	Korean Fried Chicken on Rice	Noodle Soup with Stewed Chicken	Salad & Fruit
19-Aug-22	Club Sandwich & French Fries	Flat Rice Noodles with Minced Pork Soup	Salad & Fruit
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22-Aug-22	Chicken and Egg in Sweet Brown Sauce on Rice	Mac and Cheese	Salad & Fruit
23-Aug-22	Pork Barbecue on Rice	Chicken Yakisoba	Salad & Fruit
24-Aug-22	Ham&Cheese Sandwich & French Fries	Flat Rice Noodle in Thick Gravy with Pork	Salad & Fruit
25-Aug-22	Vegetable Omelette on Rice	Spaghetti with Ham	Salad & Fruit
26-Aug-22	Teriyaki Chicken on Rice	Noodles with Minced Pork & Boiled Egg	Salad & Fruit
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29-Aug-22	Fried Rice with Ham and Sausage	Chicken and Mushroom Carbonara	Salad & Fruit
30-Aug-22	Chicken Baked with Spinach & Sauté Potatoes	Stir-Fried Noodle with Black Soy Sauce and Pork	Salad & Fruit
31-Aug-22	Hainanese Chicken Rice & Soup	Deep Fried Fish Fillet with Pesto Pasta	Salad & Fruit