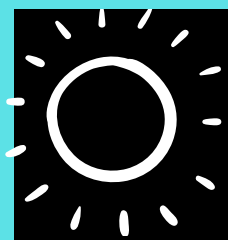


# ELEMENTARY SCHOOL

## Lunch Menu: September 2022

DATE	MENU I	MENU II	SALAD & FRUITS
1-Sep-22	Steamed Egg with Minced Pork on Rice	Pizza	Salad & Fruit
2-Sep-22	Chicken Barbecue on Rice	Noodles with Minced Pork & Boiled Egg	Salad & Fruit

5-Sep-22	Fried Chicken on Rice	Chicken Carbonara	Salad & Fruit
6-Sep-22	Chicken Potato Soup & Rice	Noodles with Minced Pork & Meatball	Salad & Fruit
7-Sep-22	Chinese Scrambled Eggs with Tomato on Rice	Deep Fried Fish Fillet with Pesto Pasta	Salad & Fruit
8-Sep-22	Fried Pork with Garlic on Rice	Noodle Soup with Stewed Chicken	Salad & Fruit
9-Sep-22	Sweet and Sour Fish on Rice	Club Sandwich & French Fries	Salad & Fruit

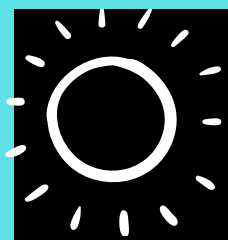


# ELEMENTARY SCHOOL

## Lunch Menu: September 2022

DATE	MENU I	MENU II	SALAD & FRUITS
12-Sep-22	Chicken and Egg in Sweet Brown Sauce on Rice	Mac and Cheese	Salad & Fruit
13-Sep-22	Pork Barbecue on Rice	Chicken Yakisoba	Salad & Fruit
14-Sep-22	Shrimp and Broccoli Stir Fry on Rice	Chicken Lasagna	Salad & Fruit
15-Sep-22	Vegetable Omelette on Rice	Spaghetti with Ham	Salad & Fruit
16-Sep-22	Teriyaki Chicken on Rice	Noodles with Minced Pork & Boiled Egg	Salad & Fruit

19-Sep-22	Fried Rice with Ham and Sausage	Chicken and Mushroom Carbonara	Salad & Fruit
20-Sep-22	Chicken Baked with Spinach & Sauté Potatoes	Stir Fried Noodle and Pork with Black Soy Sauce	Salad & Fruit
21-Sep-22	Teriyaki Chicken on Rice & Miso Soup	Deep Fried Fish Fillet with Pesto Pasta	Salad & Fruit
22-Sep-22	Steamed Egg with Minced Pork on Rice	Pizza	Salad & Fruit
23-Sep-22	Chicken Barbecue on Rice	Noodles with Minced Pork & Boiled Egg	Salad & Fruit



# ELEMENTARY SCHOOL

## Lunch Menu: September 2022

DATE	MENU I	MENU II	SALAD & FRUITS
26-Sep-22	Fried Boiled Egg in Tamarind Sauce on Rice	Stir-Fried Macaroni with Chicken , Vegetables and Egg	Salad & Fruit
27-Sep-22	Fried Chicken and Sticky Rice	Pad Thai with Egg	Salad & Fruit
28-Sep-22	Chicken Lasagna	Flat Rice Noodle in Thick Gravy with Pork	Salad & Fruit
29-Sep-22	Vegetable Omelette on Rice	Spaghetti with Ham	Salad & Fruit
30-Sep-22	Teriyaki Chicken on Rice	Noodles with Minced Pork & Boiled Egg	Salad & Fruit