

Middle & High School (MS&HS): Lunch Menu - March 2023

NOTE

- Prices:
Rice or Noodles 60 THB.
Fruit or Salad 40 THB.
- You are always welcome to send your child with his/her own lunch if you wish.
- **No Classes** on Friday, 24 March 2023 - Parent & Teacher Conference Day.
- **No School** from 25 March - 16 April 2023 - Songkran Break

Date	Menu#1	Menu#2	Menu#3	Menu#4	Menu#5	Menu#6	Menu#7
1-Mar-23	Thai Red Curry with Chicken	Fried Boiled Egg with Tamarind Sauce	Stir-Fried Tofu and Long Green Bean in Red Curry Paste	Flat Rice Noodle in Thick Gravy with Pork	Buffalo Wings & Mashed Potatoes	Salad	Fruits
2-Mar-23	Hainanese Chicken Rice		Stir-Fried Cabbage with Glass Noodle	Tom Yum Noodles with Chicken	Fish Burger & French Fries	Salad	Fruits
3-Mar-23	No Classes - Teacher PD Day						
4-Mar-23	-	-	-	-	-	-	-
5-Mar-23	-	-	-	-	-	-	-
6-Mar-23	No School - Macha Bucha Holiday						
7-Mar-23	Japanese Curry on Rice	Stir Fried Fish with Black Pepper	Stir-Fried Sweet Peas with Carrot, Baby Corn	Stir Fried Noodle Black Soy Sauce	Chicken Lasagne	Salad	Fruits
8-Mar-23	Teriyaki Chicken on Rice & Miso Soup		Stir-Fried Bok Choy with Tofu	Egg Noodle Soup with Pork	Chicken Bolognese	Salad	Fruits
9-Mar-23	Sticky Rice with Fried Chicken & Papaya Salad		Stir-Fried Cabbage	Sukiyaki Soup with Pork	Ham Cheese Sandwich & Corn Soup	Salad	Fruits
10-Mar-23	Egg in Sweet Brown Sauce Soup	Stir Fried Chicken with Curry Powder	Stir-Fried Broccoli	Tom Yum Noodles with Pork	Chicken Steak & Mashed Potatoes	Salad	Fruits
11-Mar-23	-	-	-	-	-	-	-
12-Mar-23	-	-	-	-	-	-	-
13-Mar-23	Clear Soup with Egg Tufo and Minced Pork	Vegetable Omelette	Stir-Fried Mixed Vegetable	Khao Soi with Chicken	Chicken Bolognese	Salad	Fruits
14-Mar-23	Tom Kha Gai (Thai Chicken Coconut Soup)	Stir-Fried Pork with Bell Pepper	Stir-Fried Bok Choy	Braised Chicken Noodles	Mac & Cheese	Salad	Fruits
15-Mar-23	Chicken Stew	(Pak Kad Dong Sai Khai) Stir- Fried Pickled Mustard Green with Egg and Pork	Stir-Fried Tofu and Long Green Bean in Red Curry Paste	Flat Rice Noodle in Thick Gravy with Pork	Buffalo Wings & Mashed Potatoes	Salad	Fruits
16-Mar-23	Hainanese Chicken Rice & Soup		Stir-Fried Cabbage with Glass Noodle	Chicken Ramen Noodle Soup	Hot Dog & French Fries	Salad	Fruits
17-Mar-23	Panang Chicken Curry	Stir-Fried Napa Cabbage with Minced Pork	Stir-Fried Tofu and Sweet Peas	Noodle Soup with Pork and Meatballs	Barbecue Chicken & Mashed Potatoes	Salad	Fruits
18-Mar-23	-	-	-	-	-	-	-
19-Mar-23	-	-	-	-	-	-	-
20-Mar-23	Chicken Tom Yum Soup	Scrambled Eggs with Tomato	Stir-Fried Mixed Vegetable	Khao Soi with Chicken	Spaghetti Carbonara	Salad	Fruits
21-Mar-23	Chinese Braised Chicken Soup	Pork with Yellow Curry Paste (Klua Gling Mu)	Stir-Fried Sweet Peas with Carrot, Baby Corn	Egg Noodle Soup with Pork	Chicken Lasagna	Salad	Fruits
22-Mar-23	Teriyaki Chicken on Rice & Miso Soup		Stir-Fried Bok Choy with Tofu	Tom Yum Noodles with Pork	Chicken Tonkatsu & Coleslaw	Salad	Fruits
23-Mar-23	Sticky Rice with Grilled Chicken & Nam Prik Ong (Thai Pork-and-Tomato Chile Dip)		Stir-Fried Cabbage	Sukiyaki Soup with Pork	Pizza	Salad	Fruits
24-Mar-23	No Classes - Teacher PD Day						
25 Mar. - 16 Apr. 23	No School - Songkran Break						